Daily diabetes care made easier with **OneTouch Reveal**™ Plus

Managing diabetes is easier when you have a support system. And now you have one that fits in your pocket.

The OneTouch Reveal Plus mobile app offers digital coaching to help you fit diabetes management seamlessly into your daily routine.

When paired with a blood glucose (BG) meter, it offers personalized feedback to help make diabetes self-care easier by testing blood sugar remotely.

Take a photo of

your meal to get

instant nutritional

information.

- Check blood glucose readings and get guidance on how to stabilize them
- Find food choices within the right carb range-including the ability to take a picture of a food item or scan a barcode to see its nutritional value
- Explore how activity can affect healthy targets
- Set up reminders to take medication
- Share progress with doctors or other health care providers
- Ask certified diabetes educators for help

ONETOUCH Reveal[™] Plus

Start your new diabetes care program

1 Visit express-scripts.com/healthsolutions

2 Log in to your Express Scripts account

3 If you're are eligible for OneTouch Reveal Plus, you will see an access code, personal code and a link to enroll

OneTouch Reveal Plus is available to Express Scripts members and their covered dependents who are over 18 with Type 1 or Type 2 diabetes.

Questions? Call OneTouch Reveal Plus Customer Care at 1.844.689.9880 (TTY: 711) • Back Lunch Add Photo Only

i Salad Watercress Pea Sprouts Bo Salad (w/ meat) Salad (w/ dressing) Salad (w/ low fat dressing) Salad (w/ fat free dressing) Salad (w/ meat and dressing) Salad (w/ meat and low fat dressing)

The OneTouch Reveal[®] Plus app, powered by BlueStar[®], is indicated for use by patients aged 18 and older who have Type 1 or Type 2 diabetes and their healthcare providers. The app is not intended to replace the care provided by a licensed healthcare professional. The app should not be used by patients with gestational diabetes or patients using an insulin pump. BlueStar[®] is a Welldoc, Inc. patented system. The OneTouch Reveal[®] Plus app is manufactured by Welldoc, Inc.

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